

How To Kill Bed Bugs

Considering that you vacuum and you make sure that your bed sheets are clean, you are probably wondering why on earth you have bed bugs. The fact is that they are robust little creatures, and once they have settled in, you have to do more than basic cleaning to get rid of them.

So, the question is then - how to kill bed bugs? Your best bet is to try using an insecticide spray, which will immediately kill any bed bugs that are directly sprayed with it.

You need to carefully read the instructions on the spray can before trying this approach to killing bed bugs, because there is one more than one type of insecticide spray, and whilst some are ok to spray directly on to mattresses, bedding and linen, others are not.

Ideally you want to find one that is approved by the EPA, and which is 100% non-toxic. There are a range of good products that fit both of those criteria, so finding one at a store near you, or at an online store, should not prove at all difficult.

Deltamethrin is one of the most popular and widely used bed bug insecticides today, and it belongs to the class of pesticides known as pyrethroids. These are considered as contact and stomach poisons, which are lethal to most insects.

It is odorless and leaves no residue, so it is perfect for using in bedrooms or, indeed, anywhere in your house. It is also safe to use around children and pets, though you should still read the instructions prior to use to ensure that your usage of it is appropriate.

Aside from using spraying insecticide spray on the infested area, you can also dust some powder. Not just any powder though; look for one that is specifically made to kill bed bugs.

What makes insecticide powder different from insecticide spray is that has residual effects, so it will continue to kill bed bugs for days after you dust it out. Therefore, it is probably the best option for a particular area that you sure is massively infested.

To compliment the use of an insecticide spray or powder, you should also put your infested linen or clothes in the drier for half an hour, at a minimum of 120 Fahrenheit. Doing so will literally scorch the bed bugs to death, as they simply can not withstand such heat.

Lastly, a further effective way on how to kill bed bugs is by steam cleaning. You should take a hand held steamer and direct it everywhere that there is any possibility that bed bugs, eggs or larvae are present.

You should consider adding some lavender oil into the steamer too, as bed bugs can not stand strong odors. By doing so, any bed bugs that you accidentally miss with the steam cleaner will still be affected by the smell that will permeate the whole room.

About the Author

Should you use [bed bug spray](#) or other chemicals to kill bed bugs? Visit <http://www.killbedbugs101.com> for the answers.

Source: <http://www.interester.com>