

## FDA Warnings Leave Many Considering Homeopathic HCG

New information is continually released by the FDA regarding recent warnings and negative discoveries about popular weight loss methods and medications available to the public. At one point recently the FDA released warnings against 20 different popular weight loss meds simultaneously. Many of the popular weight loss methods still contain active agents that come hand in hand with severe side effects. Some side effects include: serious depression, suicidal thoughts, elevated blood pressure, etc.

Meridia and Accomplia are both among the active agents that result in drastic warnings from the FDA. Due to the persistent warnings from the FDA about popular weight loss methods there's a large portion of interested consumers turning away from many of the traditional weight loss products out there and limiting their interest to homeopathic methods.

One very popular homeopathic weight loss method is found with the homeopathic HCG weight loss formula. Use of the formula in conjunction with the very low calorie diet (500 calories per day) results in average weight loss of 1 to 2 pounds per day. Dieters adhering to the plan are kept on a very strict regimen. They are also expected to take oral drops 3 times per day in order to take advantage of the full weight loss possibilities.

The all natural aspect is already a great advantage of the HCG diet. But it also comes with a limited time requirement. The shortest diet plan is 15 days. The longest diet plan in most cases is 40 days. All the plans offer similar day to day weight loss results and many dieters find the strict diet protocol leaves them with some very healthy new eating habits once they are finished on the diet.

Consumers want to access the best weight loss method. They're continually searching for a more effective, better method. The extensive spread of obesity is a result of negative social eating habits. And the increased awareness of obesity has led to a marked increase in interest in various weight loss methods/programs.

Renewed interest in natural weight loss has led to almost overnight popularity of the homeopathic HCG weight loss option. The long term nature of the solution leads to long term health benefits and long term satisfaction.

### About the Author

Amelia Handley studied exercise science in college with a minor in Nutrition. Yet she still found herself veering from diet to diet in order to control her weight. With [HCG Diet Direct](#) she's found a [program](#) that allows her to combine her desire to control her own body weight with her education and not feel off balance.

Source: <http://www.interester.com>